

Template Reminder Letter/E-mail

Protect you and your family with influenza vaccination!

Help keep you and your family healthy by protecting them against influenza, also called “the flu.” This is a reminder to have everyone vaccinated against influenza. Our office, along with leading health experts, recommends annual influenza vaccination, as it’s the best protection against the virus.

Influenza is a very serious and highly contagious disease caused by a viral infection of the nose, throat and lungs. It is important to protect your family against influenza by making sure everyone gets vaccinated.

What you should know:

- In the United States, you can get immunized throughout the influenza season from October to May. The peak is around February, so vaccination throughout the fall and winter is beneficial.
- Because influenza viruses change often, a new vaccine is made every year. That means people need to get vaccinated every influenza season.
- A person can spread the influenza virus even before symptoms appear.
- People can receive an influenza vaccination even if they have a cold or fever.

The Centers for Disease Control and Prevention (CDC), the nation’s leading public health agency, recommends that anyone who wants to reduce the risk of getting influenza should get an influenza vaccination every year.

Call us today for more information or to schedule an appointment.

[Insert office information – e.g., make an appointment, attend a clinic, office contact information]

[insert salutation],

[insert signature]